

MENU WEEK 1

SERVED W/C:

27th Oct | 17th Nov | 8th Dec | 19th Jan |
9th Feb | 2nd Mar | 23rd Mar | 13th Apr

THE
FOOD
EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN
MEAL



OPTION
1

OPTION
2

Rainbow Vegetable stir
fry noodles



Cheese & Bean
Lasagne



Vegan Lentil & Stuffing
Pastry Roll



Vegetable Bolognese with
Penne Pasta



Vegan Vegetable Nuggets
& Chips



Ham & Cheese
Pasta

Traditional Creamy Beef
Lasagne



Roast Gammon
& Gravy

Chicken in a Katsu Curry
Sauce & Rice



Oven Baked Fish
Fingers & Chips

Carrots
& Peas



Broccoli



Roasted Carrots
& Parsnips



Peas



Beans



Ham
Cheese

Chicken
Egg

Ham
Cheese

Tuna Mayo
Cheese

Egg
Cheese

VEGGIES



FILLED
ROLLS



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET
TREATS



Blueberry
Cookie Bar



Chocolate &
Banana Brownie



Peach & Pineapple
Crumble



Apple &
Cocoa Sponge



Lemon
Shortbread



Desserts available every day – a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

